



MEN'S COOKING CLASSES

In the 4 sessions participants will have a hand in making meals for one or two people using time tested recipes combined with new technology and techniques.

Time: 3:30 p.m.-6:30pm

Location: Grace-Westminster United Church, 505 10th Street East

Dates:

Easy Meals: Thursdays, October 6, 13, 20, 27

Saucy Meals: Thursdays, November 3, 10, 17, 24

Cost: \$55 per course; includes 4 meals and a copy of Living Simply cook-book (if you already have a copy of the cookbook, you pay only **\$45!**)

*Participants must pay for course prior to start date by visiting the
SCOA office at:*

2020 College Drive, in the Saskatoon Field House

Visit our website www.scoa.ca

**Call
306-652-2255
to register!**